

BRENDA HARRINGTON

AUTHOR ♦ ARTIST ♦ SPEAKER

ABOUT THE BOOK

The Art of the Spirit: An Artist's View of Knowing God in Living Color is a beautifully illustrated collection of 28 oil paintings paired with the powerful testimonies behind them. Through these stories, Brenda invites readers to experience what it means to walk closely with God. She takes readers on a heartfelt spiritual journey of learning to hear God's voice and recognize the movement of the Holy Spirit. With warmth and simplicity, she explains how the Holy Spirit works—through stories that are easy to understand and grounded in everyday experiences. The book also offers an inviting introduction to Christianity for readers who may be exploring faith for the first time.

Among the featured works is a haloed portrait of Brian "Head" Welch, founding member of the Grammy Award-winning band KORN, whose dramatic deliverance from addiction shows how God can transform any life. Through stories like Brian's—and her own—Brenda shows how God still speaks, guiding each of us toward our divine purpose.

The book includes memorable stories, such as Brenda spray-painting a portrait of Jesus at age 65 in a local graffiti park—becoming, as she jokes, "probably the oldest woman to ever try graffiti." The piece, *Perfect Love*, created alongside walls covered in street art, became her public declaration of Christ's love for all people.

MEET THE AUTHOR

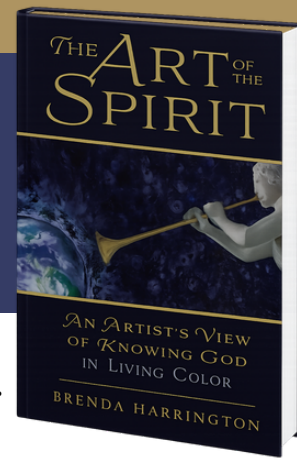
Brenda Harrington's artistic journey began in high school, where her love for painting led her to study commercial art. But when her professors dismissed realism as "uncreative," she left college doubting her gift and set art aside for decades. Everything changed when, after a lifetime of believing she wasn't "creative enough," God gave her a vision that led her to pick up a paintbrush again.

What began as simple obedience became a profound spiritual journey of art, healing, and revelation.

Brenda is an oil painter, author, and the mother of two sons. She lives near Nashville, Tennessee, with her husband of 43 years, music photographer Russ Harrington.



QUESTIONS:



1. You've just released a second edition of, *The Art of the Spirit*, tell us a little about your book.
2. How were you inspired to write the book?
3. How did you come up with the title?
4. How did you decide what you were going to paint and what you were going to write about?
5. Out of all of your paintings, do you have a favorite one?
6. You are an oil painter, but God led you to a graffiti park—with spray paint. What was that like?
7. Many of your stories involve God guiding you through visions and dreams. How do you explain that to readers?
8. What do you hope readers take away from this book?
9. What do you want your audience to know most about your book?



Reviews



Very well written and thought provoking book that I had trouble putting down. The true stories drew me in along with the most spiritual and beautiful paintings. This is a must read for everyone particularly those going through challenges and need the comfort and strength of unrelenting faith. The title *The Art of the Spirit* is a perfect description of this book. *Elizabeth C.*



Brenda Harrington has accomplished an amazing feat through her book, *The Art of the Spirit*. She deftly inspires and challenges the reader to press into God, to hear and obey His voice, and to witness the miraculous, as a result. Her passion for Him, for beauty, and for creativity, is clearly and vulnerably conveyed through her writing, as well as her painting. Brenda's heart for Jesus is beautiful, but a word of caution is necessary...don't pick up this book unless you have plenty of time to sit a spell, because you won't want to put it down! *Cathy R.*



Brenda is not only a gifted artist but the stories she weaves throughout her book are so uplifting and inspiring. Honestly I couldn't put the book down. Her book portrays the faithfulness of God in real life situations. The subjects she paints show her deep spiritual connection and most are characters and stories from the Bible. This is a book you will not only want to read but give to people who don't have a relationship with God. *Donald E.*

